

News from Counseling Corner

October is National Bullying Prevention Month

What is Bullying?

- What is bullying? Bullying is intentional, unwanted, aggressive behavior intended to cause harm. The intent may be to cause physical, emotional, psychological, social, or financial harm, or even to cause the victim to self-harm. Typically, bullying is repeated multiple times, which causes fear in the target.

What can Adults do to help?

- Be an example of respectful behavior and a model to children
- Teach responsible use of technology
- Talk to your children about bullying and encourage them to report it



Happy
Halloween



Teach your children to:

- Report instances of bullying to you and to trusted adults, Show kindness to all others, Reach out to children being bullied and help them report it, Contact the teacher/administrator to inform them as well.

Look to Him and be Radiant

Happy Month of the Most Holy Rosary! There are SO MANY wonderful things to celebrate this month, and this website is a great resource for you and your family to use. This month has tons of activities and ideas of how you can celebrate the Saints and pray the rosary. I hope you find it helpful. Enjoy!

Website Info:

<https://www.looktohimandberadiant.com/2022/09/october-radiant-round-up.html>

Happy Halloween!

Anita Vardijan and

Shelby Keirn

Please reach out to us for any additional support.

