

# CRUSADER VOLLEYBALL CAMP

JULY 29<sup>TH</sup> – JULY 31<sup>ST</sup>

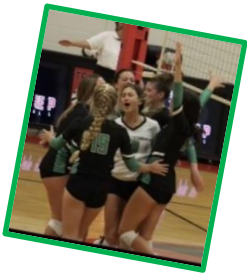
Tampa Catholic High School Gymnasium

**ELITE CAMP (Girls Only : Incoming 8<sup>th</sup> – 12<sup>th</sup>)**

**9:00 am – 11:30 am**

**BEGINNER SKILLS CAMP (Girls Only : Incoming 6<sup>th</sup> – 9<sup>th</sup>)**

**1:00 pm – 3:00 pm**



## CAMP DESCRIPTION

The **ELITE CAMP** is designed for players entering grades 8-12 looking to get technical and tactical instruction and feedback to improve their skill set in all areas of the game and get ready for their upcoming high school season. The camp incorporates fundamental skill instruction in combination with advanced training techniques, specific positional training, and match preparation sessions. The focus of training will be to prepare athletes for the next level with drills and competition designed to refine techniques and enhance the overall level of the volleyball athlete. 8th graders that have skills equivalent to high school players may attend this camp. Please note this is not a beginner camp and all participants should have basic volleyball skills to attend.

The **BEGINNER SKILLS CAMP** is designed for beginner players who are entering grades 6-9 in the Fall of 2024. Campers will receive instruction on all volleyball skills - Attacking, Setting, Passing, Defense, Serving, and Blocking in a variety of individual, small group, and team settings. Whether you are new to the sport or just want a refresher course on basic skill in a pressure free environment, this camp is for you!

## REGISTRATION / CHECK-IN

### ELITE CAMP

Monday, July 29<sup>th</sup>

**8:30** – Doors Open / Check In Begins

**9:00** – Camp Begins

**11:30** – Camp Ends

**11:45** – All Players MUST be picked up.

### BEGINNER SKILLS CAMP

Monday, July 29<sup>th</sup>

**12:30** – Doors Open / Check In Begins

**1:00** – Camp Begins

**3:00** – Camp Ends

**3:15** – All Players MUST be picked up.



## CAMP INSTRUCTORS

The camp will be led by Whitney Witthun, Head Coach of the Tampa Catholic High School Varsity Volleyball Team, with the help of former High School Volleyball players and coaches.

Witthun has been the Head Varsity Coach at Tampa Catholic High School for three years. Prior to Tampa Catholic, Witthun was the Head Varsity Volleyball Coach for St. Joseph Catholic Academy in Wisconsin for eight seasons where she ended her career with back-to-back Regional Championships in 2019 and 2020. In addition, she has two years' experience coaching Varsity Boys and Girls Volleyball in California where she earned Coach of the Year honors.

An outstanding setter and defensive specialist herself, Witthun played NCAA Division I Volleyball for the Northeastern University Huskies located in Boston, Massachusetts and competed in the NCAA Tournament in 2001.

## QUESTIONS and INFORMATION

If you have any questions, please call Head Coach, Whitney Witthun, 727-410-4918 or email at [wwitthun@tampacatholic.org](mailto:wwitthun@tampacatholic.org)

## REGISTRATION, CANCELLATION & PAYMENT

**COST : \$150.00** (includes a camp shirt)

Full payment is due with application. No refunds will be given for any reason after **May 17, 2024**.

### TWO OPTIONS TO REGISTER / PAY

- 1. ONLINE LINK :** <https://payit.nelnet.net/form/p43mlVoh>
- 2. CASH :** Fill out this form and return CASH payment and registration / waiver form to Whitney Witthun, 4630 N. Rome Avenue, Tampa, FL 33603

Shirt size is only guaranteed to those participants who register by **May 31, 2024**, all other participants will receive a shirt, but sizes will vary.

Applicants will be accepted on a first come first serve basis since we have limited gym space. (50 participants max)

An email will be sent to the address listed on the registration from to confirm camp enrollment. If you do not receive an email after a week of registering your daughter, please contact Whitney Witthun immediately.

**Camp (circle one) :** ELITE            BEGINNER

**Camper's Name :** \_\_\_\_\_

**Parent's Names :** \_\_\_\_\_

**Address :** \_\_\_\_\_

**City :** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip :** \_\_\_\_\_

**Parent Email :** \_\_\_\_\_

**Parent Phone:** \_\_\_\_\_

**Current School :** \_\_\_\_\_

**Grade in Fall 2024 :** \_\_\_\_\_ **Position :** \_\_\_\_\_

**T-Shirt Size:**    YM    YL    S    M    L    XL    2XL



## ATHLETE WAIVER FORM

For the athlete to participate in this camp, you **MUST** return this form with your registration information and payment. Under no circumstance will we allow a camper to participate unless we have the completed form below.

### PARENT/LEGAL GUARDIAN INDEMNITY AGREEMENT

**CHILD/WARD:** \_\_\_\_\_

**ACTIVITY:** Crusader Volleyball Camp

**DATE(S) OF ACTIVITY:** July 29<sup>th</sup> – 31<sup>st</sup>, 2024

I hereby request and give permission for my youth to participate in Crusader Volleyball Camp 2024. I understand and assume the risks inherent with this event and I also understand that all reasonable care and supervision will be exercised to provide for the general well being of my youth. I, on behalf of my youth named above, do hereby release, convent not to sue, and save harmless : The Most Rev Gregory Parks, Bishop of the Diocese of St. Petersburg, Tampa Catholic High School, and the employees, agents, and volunteers for the event, from any and all claims for any and all harm arising to my youth as a result of their participation in the event.

\_\_\_\_\_  
Parent/Legal Guardian – PRINT NAME

\_\_\_\_\_  
Parent/Legal Guardian - SIGNATURE

\_\_\_\_\_  
DATE